

# Safer Authentication: Password Usage Training Framework

<p><b>Audience:</b> Nonprofit/advocacy staff, mixed tech levels</p> <p><b>Format:</b> In-person or virtual, 8-25 participants</p> <p><b>Duration:</b> 90 min (or two 45-min sessions)</p> <p><b>Facilitator needs:</b> 1Password account + browser extension ready; basic 2FA familiarity</p> <p><b>Materials:</b> Slide deck + participant handout (provided)</p>	<p><b>Participants will be able to:</b></p> <ul style="list-style-type: none"> <li>• Explain why passwords alone don't protect accounts</li> <li>• Set up and use 1Password for daily work</li> <li>• Enable 2FA on their highest-priority accounts</li> <li>• Identify their top 5 accounts and concrete next steps</li> <li>• Describe what passkeys are and where to enable them</li> </ul>
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## Session Flow

# / Time	Module	Key Content + Notes
1 10 min	<b>Why This Matters</b>	<p>Opening hook: show of hands on password reuse -- normalize it</p> <p>Core problem: credential reuse &amp; phishing, not sophisticated hacking</p> <p>Key stat: compromised credentials in ~40% of breaches (Verizon DBIR 2024)</p>
2 25 min	<b>Password Managers: 1Password</b>	<p>Concepts: master password, Secret Key, Emergency Kit, vaults (5 min)</p> <p>Live demo: interface tour, save &amp; generate, autofill, 2FA setup, shared vaults (15 min)</p> <p>Q&amp;A (5 min): prep answer for "What if 1Password gets hacked?"</p> <p>Have extension installed before the session. Autofill demo doubles as phishing protection explainer.</p>

<p><b>3</b></p> <p>20 min</p>	<p><b>Two-Factor Authentication</b></p>	<p>2FA method ranking: hardware key → authenticator app → 1Password TOTP → SMS</p> <p>Priority order: email → financial → cloud storage → CRM → social media</p> <p>Worksheet: participants identify their top 5 accounts (5 min)</p>
<p><b>4</b></p> <p>10 min</p>	<p><b>Introduction to Passkeys</b></p>	<p>What passkeys are, why they're better (no password to steal, phishing-resistant)</p> <p>Where they work today: Google, Apple, Microsoft, GitHub, PayPal</p>
<p><b>5</b></p> <p>25 min</p>	<p><b>Action Plan + Wrap-Up</b></p>	<p>Walk through 3-column plan: This Week / Next 30 Days / Ongoing</p> <p>Individual reflection: one commitment in next 48 hours (write it down)</p> <p>Three takeaways, resources, Q&amp;A</p>

<p><b>Facilitation Principles</b></p>
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<p><b>Lead with care, not fear:</b> capability over anxiety; overwhelm creates paralysis</p> <p><b>Normalize the starting point:</b> reused passwords are the norm, not a failure</p> <p><b>Prioritize action:</b> better to leave having done one thing than understood everything</p>	<p><b>Don't let perfect block good:</b> SMS 2FA beats no 2FA; progress over perfection</p> <p><b>Right-size to the group:</b> tailor examples to their platforms; pair early adopters with neighbors</p> <p><b>Optional extension (30 min):</b> hands-on 1Password install for groups under 15 with a co-facilitator</p>
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